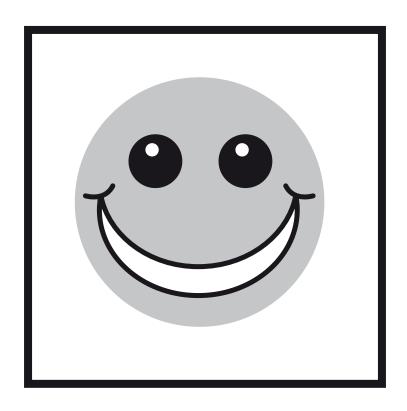


What activities do youth workers carry out with young people?

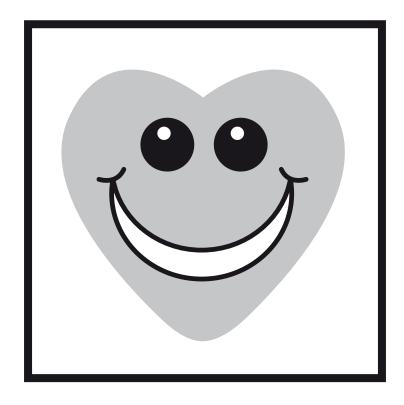
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Handout (I.1.A)

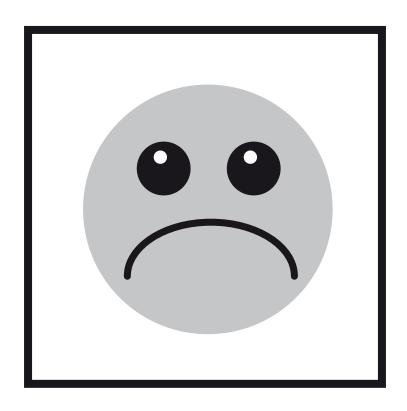
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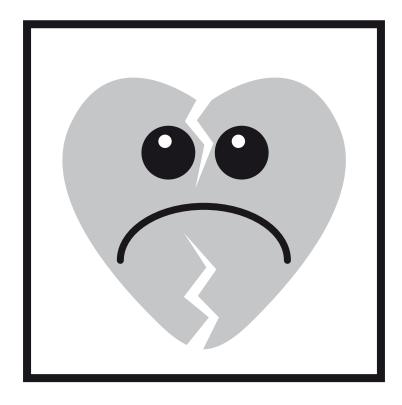
Session I.1.C / Sesiwn C.1.C



Session I.1.C / Sesiwn C.1.C



Session I.1.C / Sesiwn C.1.C



Session I.1.C / Sesiwn C.1.C

Youth workers help young people to make decisions about their lives.

Session E.I.A

Please photocopy as many as you need and cut along the dotted line

Youth workers arrange and take part in fun activities with young people.

Youth workers listen to young people's problems and give them advice.

Session E.I.A

Please photocopy as many as you need and cut along the dotted line

Youth workers teach young people skills in an informal way.

Youth workers inspire young people to be the best that they can.

Session E.I.A

Please photocopy as many as you need and cut along the dotted line

Youth workers provide young people with things to do when they are bored.

Youth workers don't tell young people what to do.

Session E.I.A

Please photocopy as many as you need and cut along the dotted line

Youth workers can help young people with problems in school, with friends or at home.

Youth workers support young people in making new friends.

Session E.I.A

Please photocopy as many as you need and cut along the dotted line

Youth workers give young people the chance to try new things.

Youth workers give young people as many chances as they need.

Session E.I.A

Please photocopy as many as you need and cut along the dotted line

Youth workers treat all young people as equals.



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B



Session E.1.B / Sesiwn Y.1.B



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B



Session E.1.B / Sesiwn Y.1.B



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B



Session E.I.B / Sesiwn Y.I.B

This person arranges and takes part in fun activities with young people.

Session I.2.B

Please photocopy as many as you need and cut along the dotted line

This person teaches young people skills in an informal way.

Session I.2.B

Please photocopy as many as you need and cut along the dotted line

This person teaches young people skills in a more formal way.



Session I.2.B



Session I.2.B

Please photocopy as many as you need and cut along the dotted line



Session I.2.B



Is it TRUE or FALSE?	True	False
Youth workers just play pool and table tennis with young people.		
Youth work gives young people a chance to make new friends	; .	
You can't be a youth worker if you have a criminal record.		
You have to volunteer before you can be a youth worker.		
Youth work gives young people opportunities to try new things.		
Youth work only takes place in youth centres.		
Youth work changes lives making a positive difference to young people.		
You have to like sports to be a youth worker.		
Youth work has a salary scale like teachers, social workers and probation workers.		
You can't be a youth worker unless you go to University first.		
Youth work is full of variety and a lot of fun.		

Handout (E.2.A)

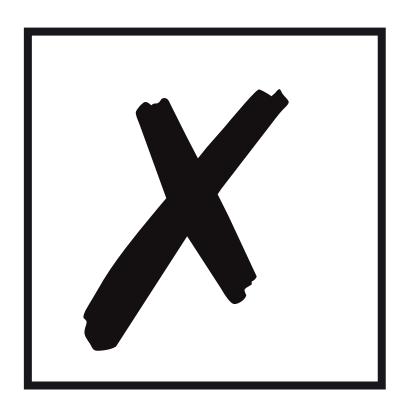
	True	False
If you volunteer in a youth club you have to clean up at the end of the session.		
Youth work can change communities and bring people together		
You can't be a youth worker if you are disabled.		
Youth work can be a career with training available at every level.		
Youth work can mean using your interests and skills tohelp and teach others.		
You can't volunteer as a youth worker unless you are over 16 years old.		
Youth workers tell young people what to do.		
Youth work provides young people with things to do when they are bored.		
Youth workers have to be outgoing personalities.		
Youth work challenges young people to achieve the best that they can.		
If you volunteer as a youth worker you have to run the tuck shop.		
Youth work teaches young people valuable skills in an informal way.		
You don't have to like young people to become a youth worker.		
Youth work is about treating young people as equals, no matter who they are.		



Session E.2.C / Sesiwn Y.2.C



Session E.2.C / Sesiwn Y.2.C



Session E.2.C / Sesiwn Y.2.C



Session E.2.C / Sesiwn Y.2.C

Accepting

Caring

Session I.3.B

Session I.3.B

Communicating

Creative

Session I.3.B

Session I.3.B

Please photocopy as many as you need and cut along the dotted line

Educating

Empathic

Session I.3.B

Session I.3.B

Empowering

Enthusiastic

Session I.3.B

Exciting

Fair

Session I.3.B

Session I.3.B

Friendly

Hardworking

Session I.3.B

Session I.3.B

Please photocopy as many as you need and cut along the dotted line

Helping

Honest

Session I.3.B

Session I.3.B

Innovative

Interested

Session I.3.B

Listening

Managing

Session I.3.B

Session I.3.B

Motivating

Networking

Session I.3.B

Session I.3.B

Please photocopy as many as you need and cut along the dotted line

Noncondemning

Organising

Session I.3.B

Session I.3.B

Participative

Patient

Session I.3.B

Resilient

Respectful

Session I.3.B

Session I.3.B

Sensitive

Skilled

Session I.3.B

Session I.3.B

Please photocopy as many as you need and cut along the dotted line

Supporting

Tactful

Session I.3.B

Session I.3.B

Trusting

Understanding

Session I.3.B

Personal Action Plan Sheet

Name			
Date			
Date of review			

Strengths and Qualities	Areas for Development	Action
I am good at	I need to become more	I need to do this

Steps and options to take to become a youth worker

Age 13 – 15

Steps – Try one or more of these

- Get or stay involved in a youth organisation or in the community
- Help to do the activities
- Do the training on offer that you would like to do
- Get involved in participation structures/ committees in your youth organisation
- Go for the awards e.g. Duke of Edinburgh's Awards, Baden Powell and Go for it (Guiding), First aid
- Do the community participation option in the 14-19 Learning Pathways at school
- Get volunteering if you are doing the Welsh Baccalaureate at school
- Join a youth forum or a schools council
- · Join Funky Dragon



- Become a peer educator/mentor if you can
- Get work experience in the Youth Service
- Shadow a youth worker

Resources and Handouts (R.3.A)

Who can help?

- Youth worker
- Teacher
- Your Learning Coach at school
- Duke of Edinburgh's Award coordinator
- Volunteer advisor in the Volunteer Bureau
- Look on websites and for local information
- Careers advisor
- Careers website
 www.careerswales.com
- Clic website www.cliconline.co.uk
- Credu website www.credu.co.uk
- Funky Dragon website www.funkydragon.org.uk
- ProMo-Cymru website www.promo-cymru.org

Information on sources of help can be found in the 'Could you be the next Sam?' booklet,in the youth worker pack and the information handout (R.3.D)



Steps and options to take to become a youth worker

Age 16 - 17

Steps – Try one or more of these

- Get/stay involved in a youth organisation or in the community
- Help to do the activities
- Do the training on offer that you would like to do
- Start the junior leader training that may be on offer in your youth organisation and may be accredited
- Get involved in participation structures/committees in your youth organisation
- Go for the Awards such as Duke of or Edinburgh starting the Queens Guide or Queens Scout,
- Do the community participation option in the 14-19 Learning Pathways at school or college



- Get volunteering if you are doing the Welsh Baccalaureate at school or at college
- Get volunteering anyway
- Ask to do work experience in the Youth Service
- Join a youth forum or a schools council
- · Join Funky Dragon
- Become a peer educator/mentor if you can
- Plan for the future training and experience
- Shadow a youth worker

Resources and Handouts (R.3.B)

Who can help?

- · Youth worker
- Teacher
- Your Learning Coach at school
- Duke of Edinburgh's Award coordinator
- Volunteer advisor in the Volunteer Bureau
- Look on websites and for local information
- Careers advisor
- Careers website
 www.careerswales.com
- Clic website www.cliconline.co.uk
- Credu website www.credu.co.uk
- Funky Dragon website www.funkydragon.org.uk
- CWVYS website www.cwvys.org.uk
- ProMo-Cymru website www.promo-cymru.org
- UCAS about university entrance www.ucas.ac.uk

Information on sources of help can be found in the 'Could you be the next Sam?' booklet, in the youth worker pack and the information handout (R.3.D)

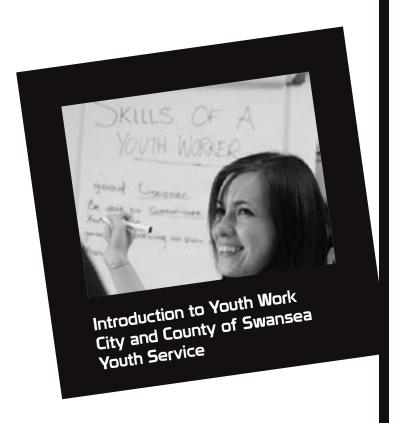


Steps and options to take to become a youth worker

Age over 18

Steps – Try one or more of these

- Keep involved in the Youth Service and get as much experience as you can
- Take opportunities for training and accreditation
- Train in the voluntary sector to become an assistant leader or leader
- Get involved in a youth forum or in decision-making structures or committees in your youth organisation
- Go for Awards such as Duke of Edinburgh's Award, Queen's Scout and Queen's Guide, Youth Achievement Awards
- Join Student Volunteering if you are in college or university
- Volunteering opportunities at home or abroad



- Take paid employment in the Youth Service
- Youth work training in College or University, part time or full time
- Go on a youth work course run by the local authority youth service

Resources and Handouts (R.3.C)

Who can help?

- · Youth worker
- Local Authority Youth Service
- Lecturer or tutor in college
- Your Learning Coach at college
- Duke of Edinburgh's Award coordinator
- Volunteer advisor in the Volunteer Bureau
- Student Unions
- Look on websites and for local information
- Careers advisor
- Careers website www.careerswales.com
- Clic website www.cliconline.co.uk
- Credu website www.credu.co.uk
- Funky Dragon website www.funkydragon.org.uk
- CWVYS website www.cwvys.org.uk
- ProMo-Cymru website www.promo-cymru.org

Information on sources of help can be found in the 'Could you be the next Sam?' booklet, in the youth worker pack and the information handout (R.3.D)



Could you be the next Sam? Where can I find Information?

Sources of information in Wales

1 Local Authority Youth Service

Contact your local county council

2 Voluntary sector

- CWVYS (Council for Wales of Voluntary Youth Services): www.cwvys.org.uk
- WCVA (Wales Council for Voluntary Action): www.wcva.org.uk

3 Volunteering

- Volunteer Centres: www.wcva.org.uk/volunteering
- Volunteering Wales: www.volunteering-wales.net
- Millennium Volunteers (WCVA): www.wcva.org.uk/volunteering
- Russell Commission: new.wales.gov.uk/topics/housingandcommunity/voluntarysector/youth/russellcommission

4 Young people's information

- Funky Dragon: www.funkydragon.org.uk
- Credu: www.credu.co.uk
- Clic: www.cliconline.co.uk
- Canllaw: www.canllaw-online.com

5 Others

- Careers Wales: www.careerswales.com
- Welsh Assembly Government: http://new.wales.gov.uk

Sources of information in your area

Tutor to assist)	
	Hele Comments
	KPC Youth Pyle near Bridgend

Session 3: Case Studies

This section takes a look at real-life examples of how young people involved in Youth Work find it so rewarding and challenging.

It includes a series of case studies and short quotes from the young people featured and is a great way of demonstrating to others how Youth Work can be an interesting and fulfilling career.

Session 3: Case Studies

Jess

Jess, aged 19, has just begun degree course in youth work. Initially going to study criminology or youth justice she was told about the youth work degree course and decided to change.



I am delighted with the course and opportunities it's given me. I am working with young people and communities and feel I am helping others, and getting something back out of my degree."

Tom

Tom, aged 17, is studying for A levels. He has been volunteering in his local youth club for 2 years and in the after school club running sports activities, drum workshops and discussion groups.



It is good experience working in a team, I've learned life skills and I like seeing the young people enjoying themselves.

I feel as though I'm making a difference."

Resources and Handouts

Jordan

Jordan, aged 25, runs Welsh medium activities outside of school showing young people that the language is special and can be used in every aspect life.



I became a youth worker to help young people feel confident to use the language and to develop opportunities for young people to socialise through Welsh, something I missed out on when growing up. It's great to see young people with a sense of pride in our heritage, language and in themselves."

Jade

Jade, aged 24, wanted to study dance or media after A-levels. Going to America changed everything.

44

I worked as a camp counsellor with homeless young people 7 – 17 years, providing them with fun learning activities such as swimming, reading, and history. Although some found their behaviour difficult I thought they were amazing. I realised I wanted to become a youth worker, and use my skills with young people."

Session 3: Case Studies

Michael

Michael aged 25, from Athens, Greece, works as a Youth Music tutor. He came to Wales to work in the music industry. Through volunteering he saw 'something much better going on', assisting young people to record their music, play in clubs, produce radio shows and or make compilations.



Being a part of activities that are inclusive and creative we help young people gain confidence and become stronger. We can help them to realise their potential, we accept everyone, no matter who they are."

Cathie

Cathie is a youth worker with deaf young people. Cathie has a degree and training qualifications. She is training deaf youth workers, running activities for young people, advocating for more funding and better job opportunities, and promoting BSL to achieve 'true equality' for deaf young people.



I first became involved because I was keen to assist the development of a better quality of life and achievements for deaf young people through more opportunities, access to information, and more say in the development in their lives than I had."

Resources and Handouts

Stuart

Stuart has been involved in youth work for 13 years both paid and unpaid including running clubs for deaf young people.

He was a volunteer development officer for Friends of the Young Deaf (FYD). Stuart is chair of the Deaf Youth Association Cymru.

He has a degree in Youth and Community Studies, a certificate in management and is an active member of the Community and Youth Workers Union.



During my time with FYD I grew in confidence running projects and training. Their unique training programme taught me about team work and leadership skills."

Betsan

Betsan is 23 and works as the Partners in Politics Assistant, Mencap Cymru.

The training sessions she supports inform young people with a learning disability about citizenship and political participation.



I feel that it's imperative
that young people understand
their value in society and
recognise that politics is
everywhere — Politics is
People. I've learnt so much in
my work about young people
with learning disabilities; it's
taught me about humanity,
about the restraints and
hurdles some people come
across in every day life —
things that I've previously
taken for granted."

Session 3: Case Studies

Enfys

Enfys joined the Wales Young Farmers Clubs' Staff team in March 2007. Wales YFC has over 6,000 members 10 – 26 years giving her 'great scope to work with young people'. She has been a volunteer member of the Urdd Gobaith Cymru and YFC, and youth work has interested her since doing Welsh at university.



Becoming Wales YFC
Development Officer has
allowed me to develop my
interest in youth work and
given me the spring that I
need to gain qualifications in
youth work and putting my
tried and tested knowledge
to practice."

Sara

Sara is 24 and is the Partners in Politics Officer, Mencap Cymru. She goes into Schools, Colleges and Youth Groups across Wales delivering training sessions to young people with a learning disability or a special educational need about having their say, knowing their rights and about the different levels of government.



It is really important for me to be doing this job because there are only I in IO people with a learning disability that are in employment. I would be able to help others like myself because I have had support from family and friends and I do appreciate that others haven't had the support and the same opportunities as me. I do feel that my work is important and I do want to continue working with young people."

Resources and Handouts

Rhodri

Rhodri is a Youth Project Officer for the Urdd Gobaith Cymru:



Whilst working with children and young people during my teenage years, I decided to follow a career in youth work after leaving university, and after doing numerous other jobs. I felt that the voluntary and salaried work I did with children and young people had given me an insight into the various characters, backgrounds, hopes and ambitions that young people have. After looking at the various options I had the chance of working for Urdd Gobaith Cymru. I undertook numerous courses as part of my work, and built up qualifications, which increased my knowledge of youth work and of young people in general."

Omah

Omah is aged 40. A youth worker for 12 years, he works part time at Somali Integration Society supporting young asylum seekers and refugees increase awareness of services, health and education issues, and building positive images.

Born in Manchester, living in Somalia for 7 years, he returned and was educated in Wales. A friend suggested applying for a job building better community relationships. He is now trained and professionally qualified, completing



2 years of a degree course.

I really got into youth work, something I immensely enjoy, because I was required to act as an advocate while fairly young within the Somali community."

Evaluation and feedback

Sessions 1 & 2 Feedback form

Do you understand what youth work is?	NO YES
Do you understand why youth work is important?	NO YES
 Do you know what kind of activities youth workers carry out? 	NO YES
• Would you like to get involved in youth work?	NO YES
 Would you like some more information about becoming a youth worker or volunteering? 	NO YES
• Did you enjoy the workshop?	NO YES
• Did you learn anything new?	NO YES
• Is there anything you would change about the workshop?	NO YES
Please photocopy as many as you need	Please mark the appropriate box to answer.

Evaluation and feedback

Sessions 3 Feedback form

• Do you understand the role of a youth worker?	NO YES
• Do you understand why youth work is important?	NO YES
 Do you know about the types of training and careers in youth work? 	NO YES
Would you like to get involved in youth work?	NO YES
 Would you like some more information about becoming a youth worker, training or volunteering? 	NO YES
• Did you enjoy the workshop?	NO YES
• Did you learn anything new?	NO YES
 Is there anything you would change about the workshop? 	NO YES
Please photocopy as many as you need	Please mark the appropriate box to answer.

Tystysgrif Presenoldeb Certificate of Attendance

Hyn sydd i gadarnhau bod This is to confirm that

Wedi mynychi sesiwn gweithdy ar Mae leuenctid yn Gweithio

Attended a workshop session on 'Could you be the next Sam?'

Dyddiad / On	
Yn / At	
Llofnod / Signed	
Enw / Name	
Swydd / Position	
Sefydliad / Organisation	
Dyddiad / Date	

GwaithleuenctidCymru pobl fel chi sy'n ei wneud fel y mae YouthWorkWales people like you make it what it is